

# *Rosary Prayer*

With the Saint Marie Alphonsine

# Nihil Obstat

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Vicaire Apostolique du Latin au Liban



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## How to recite the Rosary

- \* Making the sign of the Cross
- \* On the larger bead: the Apostles' creed- or Prayer of Supplication to the Holy Spirit – or Act of Contrition- they are different
- \* On three beads: The Hail Mary in reverence to the Holy Virgin, daughter of the Father, Mother of the Son, Spouse of the Holy Spirit
- \* Presentation of the Mystery
- \* Our Father (once only)
- \* Hail Mary (10 times)
- \* The Glory Prayer -Glory Be to the Father, and to the Son, and to the Holy Spirit ...
- \* O beloved Jesus, forgive our sins, deliver us from the fire of hell, and elevate to Heaven souls that are in bad need for your compassion



**THE JOYFUL MYSTERIES**



## **First Mystery :**

**Let us meditate the Archangel's Annunciation to Virgin Mary**

## **Fruit of the Mystery:**

**Virtue of Humility**

*"I was pondering about the love of my mother the Holy Virgin. All of a sudden a great light shone before me, so beautiful and dazzling that I cannot describe. Within that light appeared the beloved mother, Lady of the Rosary. When my eyes saw her for the first time, I shed abundant tears; I was overwhelmed in her love. My hands opened up, raised to embrace her and hold her inside my heart ... She gave me a sign to get closer to her; she granted me serenity and freedom so that I can contemplate<sup>1</sup> her very well".*

**O Mother Mary, you appeared to Saint Mary Alphonsine repetitively, disclosing to her your wish to found the "Congregation of the Rosary Sisters". What delightful news for the Holy Land, to the Church as a whole, for the birth of a Rosary Congregation.**

Today we implore what the Lord wants from us. Show us his will, pray that we respond with the inspirations of the Holy Spirit, so that we become an obedient tool in his hands, and accept the will of God in our lives. Amen.

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1-\*The first part of each Mystery derives from the words of Saint Marie Alphonsine

## **Second Mystery:**

**Let us meditate on the visit of the Holy Virgin to her cousin Elizabeth**

## **Fruit of the Mystery:**

**Virtue of love of neighbour**

*“O Mother how come that you, deign to visit me? Did you forget that I am a big sinner, that I committed thousands of sins? I was telling her, wondering I am afraid that would be deception, or temptation, for I am convinced that I do not deserve these Heavenly graces”.*

**O Mary, the same way you visited your cousin Elizabeth in order to help her, to serve her, you reiterated your visit to your humble servant, Saint Marie Alphonsine, to explain to her what you expect of the Rosary Congregation.**

Come on O Mary and visit our hearts, our minds; fill us with your grace so that we may be able to carry your son Jesus on to others, and allow him to shine through our behaviour and our lives. Amen.

### **Third Mystery:**

**Let us meditate on the birth of Jesus in the grotto of Bethlehem**

### **Fruit of the Mystery:**

**Virtue of Love of poverty**

*“One night I dreamt having seen the Virgin Mary and with her some young girls dressed in white and blue... as if they were dressed in light from light. My mother Mary firmly seized my hand telling me: “I want you to found the Congregation of the Rosary Sisters; have you not yet understood this? I answered: “I am but poor and unworthy”. I beseech you to accept my sister Hanneh for this service and I am ready for any effort required within this Congregation”.*

**O Mary, you who have chosen utter poverty the day you gave birth to Jesus in a grotto of Bethlehem. Saint Marie Alphonsine felt her poverty, her incapacity as regards your great project; she found herself unqualified for this vocation, and hence she asked you to call her sister for help.**

O Mother Mary, we in our turn, so deeply feel our weakness, our incapacity before this vocation which your son Jesus presents to us. He chose us as young people, poor so that we shall carry the message. Create within us preparedness to achieve our message in the Congregation, in the society, in the church – and to fulfill it.

## **Fourth Mystery:**

**Let us meditate on the presentation of Jesus to God at the hands of Simon the High Priest at the Temple**

## **Fruit of the Mystery:**

**Virtue of Obedience**

*“I found myself meditating before the altar of my mother, the Holy Virgin. Together with sisters and girls we meditate on the mystery of the Presentation of Jesus in the Temple. I saw a young virgin walking into the convent, while Virgin Mother Mary was holding her hand ...The girl fell prostrate before our Mother Mary and kissed her... And the chaplain, selected by my Mother, stood there. He accepted the girl, placed on her the dress of the congregation and blessed her. He then took the rosary out of the hand of my Virgin Mother, and put it round her neck. He put his hands, saying: “I confirm you in the name of the joys of the Virgin Mary, in the name of her sorrows, in the name of her glory”.*

**O Mary in the same way you presented our son Jesus to God in the Temple at the hands of Simon the High Priest, Saint Mother Marie Alphonse learnt how to present a girl to the congregation at the hands of a priest.**



We renew our wish by presenting ourselves to the Lord, imploring you to hold us by the hand, and to guide us, in order that we may carry on our consecration, giving in to his will. Go along with each step of our life, so that all steps that follow will pass off under the vision of your son. Amen.

## **Fifth Mystery:**

**Let us meditate on the finding of the Child Jesus in the Temple**

## **Fruit of the Mystery:**

**The grace of responding to divine inspiration**

*“I presented myself a full sacrifice to all what the Divine Providence expects of me, saying: Thy will be done... My spirit at times was depressed to the brink of death, thinking that I might leave my congregation. That is why I would fall prostrate under the feet of my Mother crying, whenever that was possible, by day or by night, repeating : “O Mother Mary take care of me, inspire me how to proceed ? What to do ? “And she would rush to my help, affirming that the rosary is my weapon, my force and my treasure”.*

**O Mary how sorrowful you felt the day you lost your son. You looked for him with all your might, and when you found him back your heart was overwhelmed with peace. Saint Mary Alphonsine felt similarly when she decided to leave the Congregation of St Joseph. She felt anguish, pain and loss. Yet she yielded to your will most heartily.**

Give us O Mother Mary power, will and determination every time we lose Jesus, so that we may look for him at all times, and do things according to his will, in all our lives, along the march of our Faith. Amen.

## Prayer

*O Queen of Heaven & Earth, sitting in presence of the Heavenly King, accept our offering, which rises to the rank of the Sacrament, accepted by you and your son Jesus. Grant us the grace of full indulgence on all our trespasses. Help us to adore you and your son with charity-filled hearts, through reciting this Rosary Chaplet until our last breath. At the time of our death, be at our bedside, O compassionate Mother. Keep away from us evil spirits. Deliver us from infernal and purgatory punishments since you are our protector. Light up the minds of our brethren the Christians. Bring the ones gone astray back to the flock, followers of Jesus Christ as one flock universal and apostolic. Let us with one opinion, one mouth, glorify you and glorify the Holy Trinity – the Father, the Son and the Holy Spirit now and until eternity. Amen.*





# THE LUMINOUS MYSTERIES



## **First Mystery:**

Let us meditate Jesus' Baptism in River Jordan

## **Fruit of the Mystery:**

### **Filiality to the Father**

*“On Epiphany Day I was attending Mass. After consecration, a dazzling light appeared to me above the chalice. I saw St John the Baptist baptizing Jesus, and the waters of the River flowing like light. But I could not grasp the things which I saw, and felt I was totally in the hands of the Lord”.*

**O Jesus, baptized in the waters of River Jordan, you who granted Saint Marie Alphonsine to see during Mass the grace of watching your baptism at the hands of St John, and made her grasp the deep meaning of this sacrament.**

O Mother Mary, ask for our sake the grace of understanding the sacrament of baptism, its effects on us, so that we become a living abode to the Trinity, enlightened by the lights of the Holy Spirit, renewed by the effects of his mysterious action on us. Amen.

## **Second Mystery:**

**Let us meditate on Jesus with his Mother Mary at the wedding at Cana**

## **Fruit of the Mystery:**

**Renewal in spirit**

*“After taking the Holy Communion, I looked at Jesus my soul’s spouse; he accepted to take my sister Hanneh as his spouse. He showed me all that, both through seeing and hearing, he made me taste the sweetness of love. My heart was over delighted; I spent whole days in joy and thanksgiving for having accepted them, I congratulated Jesus for his new spouse”.*

**O Jesus, on request by your Mother Mary, you changed the feeling of weakness to one of great joy when you filled the jars with wine. Through the prayer of Saint Marie Alphonsine you accepted her sister Hanneh as spouse for you in the Rosary.**

We beseech you O Mother Mary to help us, to do everything which your son Jesus orders us to do. Only then we shake off ourselves, get filled from God, and our lives are transformed into a hymn of joy and peace. O Mary light up in our consecrated spirits a strong love to your son, spouse of their souls. Amen.

### **Third Mystery:**

**Let us meditate Jesus on Mount of Beatitudes calling for penitence and forgiveness**

### **Fruit of the Mystery:**

**Aspiring for the Kingdom of God**

*“I was shy for not emulating the virtues of Mother Mary. I started asking for an effective grace to follow as an example during the remainder of my life. I used to heave a sigh, in deep regret, saying: Oh my God! If I could start my life anew, I would now live a life better than what I had lived before”.*

**O Jesus, the experience, which Saint Marie Alphonsine lived, was also lived by all Saints. Every time they united with you, got closer to you, they developed a wish for more purity and cleanliness, avoiding the least offenses.**

O Mother Mary, with the intercession of Saint Marie Alphonsine, implore for us the grace of deep contrition; grant us force of the will in order to live seriously, in genuine intentions, and to walk along with your son, free from any bond that draws us nearer to earthly matters. Amen.

## **Fourth Mystery:**

**Let us meditate on Jesus Transfiguration as seen by his Apostles**

## **Fruit of the Mystery:**

**Following Jesus Teachings**

*“After her apparition, she left me in serenity, in peace and in spiritual consolation which I cannot describe. I developed an anxiety to see her too, and a keen desire to practice great things, and virtues, for everybody’s benefit, all for the sake of her love”.*

**O Jesus you wanted for some of your apostles to see the shining glory of your Transfiguration visible in their eyes. Your Mother more than once appeared to Saint Marie Alphonsine, so happily meditating on your glory and beauty beyond description.**

O Mother Mary your meditation on child Jesus left his traits printed in you, and your traits were printed in him. Intercede that we obtain the grace of learning at your son’s school, and your own school, through permanent meditation on the mystery of human and divine life of Jesus through the mysteries of your Rosary. Let us pray to remain united with him and to work according to his wish. Amen.

## **Fifth Mystery:**

**Let us meditate on Jesus taking the last supper with his disciples, instituting thereby the Eucharist**

## **Fruit of the Mystery:**

**Fellowship in the Divine Liturgy**

*“Each time I attended Mass, and at the time of the Eucharist Adoration, I saw a brilliant light, a ray of light reaching the depths of my heart, thereby seeing my Lord and my God Jesus Christ, as Man and as God. I could not help explaining what I was seeing. With him stood my Mother Mary”.*

**O Jesus you made it possible for Saint Marie Alphonsine to seize the wonders of the miracle which is repeated throughout the hours of the day and night on our altars: miracle of transubstantiation of bread and wine through the prayers of the priest, and invocation of the Holy Spirit, into your holy body and blood. You illuminated her heart through a fervent adoration towards you in the Eucharist.**

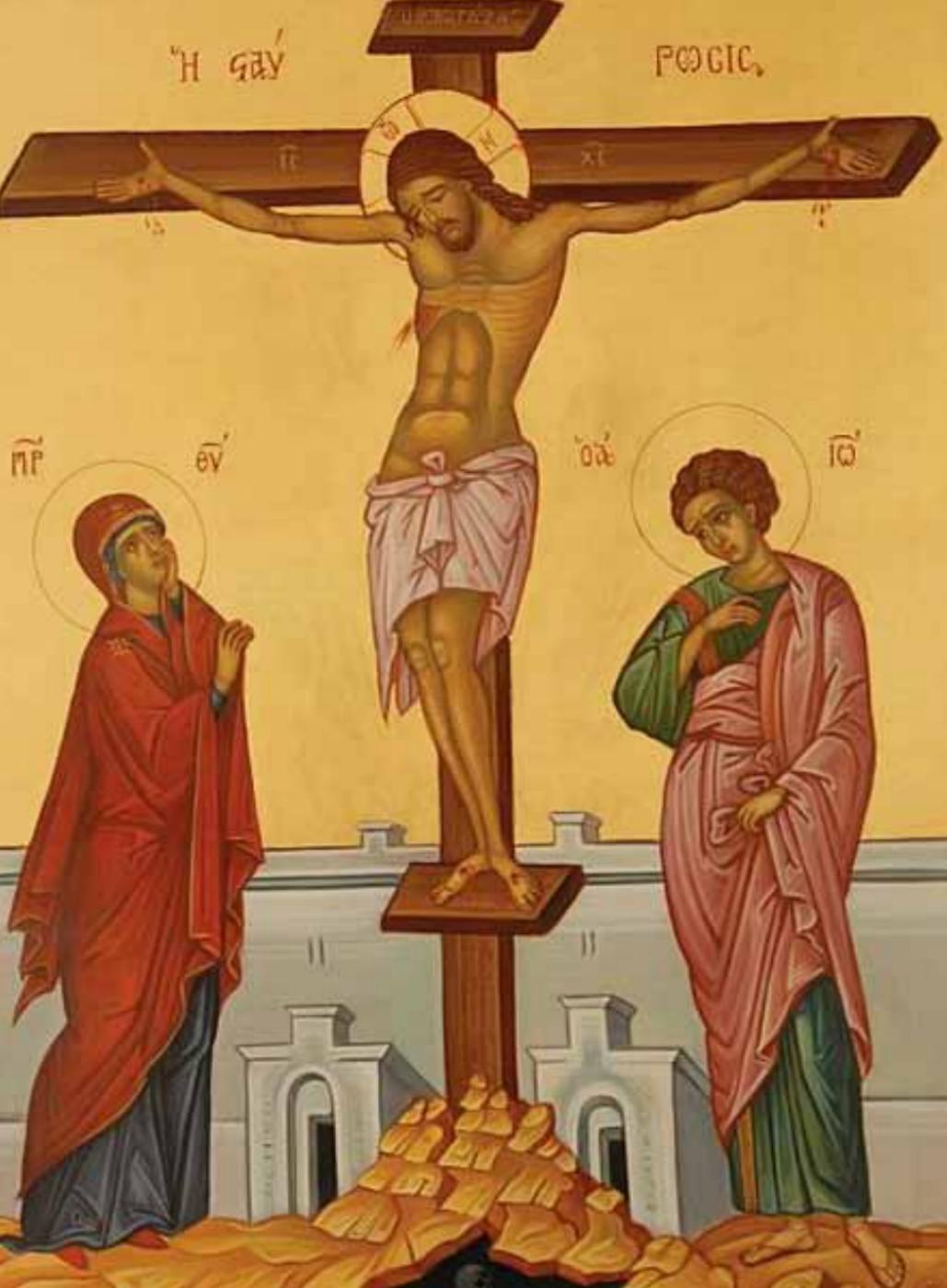
*O Mother Mary, the first Tabernacle, get for us the grace of deep faith through the Sacrament of the Eucharist. Intercede that we get the grace of radical transubstantiation in our lives, every time we take the Holy Communion, and attend Mass. Increase in us our love towards your son through adoration, remaining united with him before the mystery of his .infinite love. Amen*



## Prayer

*O Queen of Heaven & Earth, sitting in presence of the Heavenly King, accept our offering, which rises to the rank of the Sacrament, accepted by you and your son Jesus. Grant us the grace of full indulgence on all our trespasses. Help us to adore you and your son with charity-filled hearts, through reciting this Rosary Chaplet until our last breath. At the time of our death, be at our bedside, O compassionate Mother. Keep away from us evil spirits. Deliver us from infernal and purgatory punishments since you are our protector. Light up the minds of our brethren the Christians. Bring the ones gone astray back to the flock, followers of Jesus Christ as one flock universal and apostolic. Let us with one opinion, one mouth, glorify you and glorify the Holy Trinity – the Father, the Son and the Holy Spirit now and until eternity. Amen.*

# ■ THE SORROWFUL MYSTERIES ■



## **First Mystery:**

**Let us meditate on the prayer and agony of Jesus in the Garden**

## **Fruit of the Mystery:**

**Grace of Sorrow for Sin**

*“I offered myself wholly to all what the Divine Providence expects of me. I often used to say: “O Lord, Thy will be done”. My soul was saddened at certain times until the point of death, but standing faithful to the suffering I had to bear”.*

**Following your example, O Jesus, Saint Marie Alphonsine experienced the big struggle between her wish to remain in her Congregation, to fulfill the wish of your mother, and to set up the Congregation of the Rosary.**

*O Mother Mary, intercede with your son Jesus to grant us the grace of courage to yield to his will in the innocence of children, every time we lead a struggle to realize our schemes which contradict those of the Father. Teach us to lead our lives according to his holy will. Amen.*



## **Second Mystery:**

**Let us meditate on the scourging at the pillar**

### **Fruit of the Mystery:**

#### **Penitence**

*“Our Lord has used my superior to let me taste a bit of his chalice of pains. She subjected me to various humiliations, accusing me of things I had never known, which caused pain to my heart, but at the same time it strengthened my determination to be patient because of the loss of my dear mother who would console me, and fill me with her graces”.*

**How fiercely you were exposed to scourging and mockery. In the same way, Saint Marie Alphonsine suffered from pain and anguish from her sisters, the nuns of the Rosary.**

*O Mother Mary we beg you to help us every time we see ourselves exposed to misunderstanding of our vocation and action by others. Teach us to accept like you our pains, and to offer them to the Father for the conversion of sinners and the salvation of souls. Amen.*

### **Third Mystery:**

**Let us meditate on the Crowning of Jesus with Thorns**

### **Fruit of the Mystery:**

**Mortification of Senses**

*“For me sacrifices became a source of rest. All harassments became a joy; I used to listen to admonitions as though they were venerations, praise. I was therefore able to withstand not only with patience, but looking for an opportunity to put up with suffering”.*

**O Lord Jesus you wanted to drink from the chalice of pain until saturation; you were silent and did not open your mouth. Likewise, Saint Marie Alphonsine concealed the Mystery of apparitions and visions, bearing the burden of mockeries.**

*O Mother Mary we beseech you to grant us the grace to follow the good example of your son Jesus, every time we are exposed to mockery. Teach us to meditate on the image of your Son’s head crowned with thorns, the same way you used to ponder on his words, discovering thereby his love to us, praying for the sake of those who cause pain to humanity. Amen.*



## **Fourth Mystery:**

**Let us meditate the Carrying of the Cross**

## **Fruit of the Mystery:**

**Grace of Patience**

*“I submitted in a serene heart to your sufferings, I delightfully carried out all what my guide has ordered me. But I felt the severity of pain, of suffering, which I tasted! I heaved a sigh saying: how brutal the guiding is! Oh how awfully my heart suffers! With all that I used to feel that my sweet mother had compassion with regard to my weakness”.*

**Your son, O God Father, is on the way to Calvary. He felt lonesome, misunderstood, despised. Similarly, Saint Marie Alphonsine broke down under the weight of the cross; she felt reinforced only by the presence of your Mother next to her.**

*O Mother Mary, console us every time we feel sorrow or despair. Rush to our help; hold us by the hand; help us to carry on following the example of your son in our daily lives. Amen.*

## **Fifth Mystery:**

**Let us meditate Jesus Crucifixion**

## **Fruit of the Mystery:**

**Grace of Perseverance**

*“I saw a round monastery in the form of a chaplet, with 15 windows, and in each I saw a nun. Over the head of each, her name similar to that of the Rosary Mysteries. I could see myself in the 10th window in the name of Mariam of the Cross. She looked at my mother with compassion, tenderness and filled me with delight and light”.*

**O Lord Jesus you walked up the Calvary and you were nailed to the cross. In this way the life of Saint Marie Alphonsine was marked with pain, and quite often she spent long hours meditating on Calvary.**

*O Mother Mary standing at the feet of the Cross, you who believed in your son Jesus resurrection. Introduce into our hearts the grace of hope, console us every time we feel the pain of death. Ask for our sake the grace of perseverance in faith; reinforce us to live the mystery of love which you had lived in your lifetime. Amen.*



## Prayer

*O Queen of Heaven & Earth, sitting in presence of the Heavenly King, accept our offering, which rises to the rank of the Sacrament, accepted by you and your son Jesus. Grant us the grace of full indulgence on all our trespasses. Help us to adore you and your son with charity-filled hearts, through reciting this Rosary Chaplet until our last breath. At the time of our death, be at our bedside, O compassionate Mother. Keep away from us evil spirits. Deliver us from infernal and purgatory punishments since you are our protector. Light up the minds of our brethren the Christians. Bring the ones gone astray back to the flock, followers of Jesus Christ as one flock universal and apostolic. Let us with one opinion, one mouth, glorify you and glorify the Holy Trinity – the Father, the Son and the Holy Spirit now and until eternity. Amen.*

# THE GLORIOUS MYSTERIES

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ROC



## **First Mystery:**

**Let us meditate Jesus Resurrection from the dead**

## **Fruit of the Mystery:**

### **Grace of Conversion**

*“O Father, guide and founder, I wish only that you are at ease in the Kingdom of Heaven. Your rest is my rest. Our dear Mother, Queen of the Rosary, whom you had served in your lifetime, will come and help you at this time”.*

**O Mother Mary you were confident of the fact of the Resurrection even if you don't grasp how that might happen. Saint Marie Alphonsine too, at the hour of the founder's death, was confident that you will come to take him along with you.**

*O Mother Mary help us when difficulties get worse, that we remain firm in our faith, in our hope, to share in her Son's Resurrection, and enjoy with him and with you in fellowship at the Heavenly Banquet. Amen.*



## **Second Mystery:**

**Let us meditate Jesus Ascension to Heaven**

### **Fruit of the Mystery:**

**Yearning for Heavenly Paradise**

“As in the course of our pastoral work we foster some children, we thereby baptize those who are about to die. What a great consolation that these children pray for the success of our Congregation in Heaven”.

**O Mother Mary your Son has always lived in anxiety to get to the Father’s realm. Saint Marie Alphonsine too burnt in anxiety for the deliverance of souls, that’s why she proceeded to baptize those nearing death.**

*Feed in us O Mother Mary the wish to reach eternal life. Help us to work, in full dynamism, to obtain the salvation of souls. Amen.*

### **Third Mystery:**

**Let us meditate the descent of the Holy Spirit on the Apostles**

### **Fruit of the Mystery:**

**Grace of Humbleness to God**

*“In the framework of our teaching vocation we noticed the school achieving remarkable success, amidst the growth of the Congregation of the Rosary Sisters. We stood amazed at our weakness and ignorance, how all things passed off easily”.*

**Thanks to your presence O Mother Mary you were able to gather all the Apostles in the Upper Room waiting for the descent of the Holy Spirit. Thanks to the same Spirit, despite the living hardships, Saint Marie Alphonsine was able, together with the sisters, to achieve success one after the other in pastoral work.**

*O Mother Mary pray that we are filled with the Holy Spirit, that He guides our steps, and our vocation too, to realize the will of the Father, despite our weakness and incapacity. Amen.*

### **Fourth Mystery:**

**Let us meditate Mary's Assumption into Heaven in body and spirit**

### **Fruit of the Mystery:**

**Grace of a Happy Death**

"I looked at my Mother, she was waving for me, to bid me farewell. I felt so attached to her with all my heart, imploring her not to relinquish me but to take me along with her. She took me by the hand, for I was kneeling prostrate at her feet, she reinforced me saying: "You will come with me later, when you will have accomplished God's will and my will".

**Oh Mary how much you yearned to meet your son in Heaven. This desire swept the heart of Saint Marie Alphonse to meet you while still living on earth.**

**Help us O Mother to hear the beatification which Saint Marie Alphonse used to repeat: "Blessed is the one who is happy seeing her forever". Make us deserve the joy of seeing the Holy Trinity and to adore it. Amen**

### **Fifth Mystery:**

**Let us meditate Holy Virgin Mary's coronation in glory, Queen of Heaven and Earth**

### **Fruit of the Mystery :**

**Grace of Trust in Mary's Intercession**

“If I wanted to write about the goodness of God, describing my mother's care for me, I would not have been able, no matter how long I lived, to explain that, or to thank her enough; I will only be satisfied with the happy eternity which I am asking for, in order to glorify her forever.”

**O Mary the Holy Trinity has crowned you Queen of Earth and Heaven. You allowed Saint Marie Alphonsine to enjoy in advance seeing your glory.**

*O Mother Mary, let us in your company share in your son's glory. We shall spend our eternity praising him for all the great works he performed. Amen*



## LITANY OF THE BLESSED VIRGIN MARY

\* Kyrie Eleison \* \* Christe Eleison \* \* Kyrie Eleison

\* Lord, have mercy on us

\* Christ, have mercy on us

\* Lord, have mercy on us

\* Christ, hear us

\* Christ, graciously hear us

\* God the Father of Heaven,

\* Have mercy on us.

\* God, the son, Redeemer of the World, Have mercy on us.

\* God the Holy Ghost, Have mercy on us

\* Holy Trinity, one God, Have mercy on us.

\* Holy Mary, pray for us

\* Holy Mother of God, pray for us

\* Holy Virgin of Virgins, pray for us

\* Mother of Christ, pray for us

\* Mother of divine grace, pray for us

\* Mother most pure, pray for us

\* Mother most chaste, pray for us

- \* Mother inviolate, pray for us
- \* Mother undefiled, pray for us
- \* Mother most amiable, pray for us
- \* Mother most admirable, pray for us
- \* Mother of our Creator, pray for us
- \* Mother of our Saviour, pray for us
  
- \* Virgin most prudent, pray for us
- \* Virgin most venerable, pray for us
- \* Virgin most renowned, pray for us
- \* Virgin most powerful, pray for us
- \* Virgin most merciful, pray for us
- \* Virgin most faithful, pray for us
  
- \* Mirror of Justice, pray for us
- \* Seat of wisdom, pray for us
- \* Cause of our joy, pray for us
- \* Spiritual vessel, pray for us
- \* Vessel of honor, pray for us
- \* Singular vessel of devotion, pray for us
- \* Mystical rose, pray for us
- \* Tower of David, pray for us



- \* Tower of ivory, pray for us
- \* House of gold, pray for us
- \* Ark of the Covenant, pray for us
- \* Gate of Heaven, pray for us
- \* Morning star, pray for us
- \* Health of the sick, pray for us
- \* Refuge of sinners, pray for us
- \* Comforter of the afflicted, pray for us
- \* Help of Christians, pray for us

- \* Queen of Angels, pray or us
- \* Queen of Patriarchs, pray for us
- \* Queen of prophets, pray for us
- \* Queen of apostles, pray for us
- \* Queen of martyrs, pray for us
- \* Queen of confessions, pray for us
- \* Queen of virgins, pray for u
- \* Queen of all saints, pray for us
- \* Queen of heaven and Earth, pray for us
- \* Queen of the most holy Rosary, pray for us
- \* Queen conceived without Original Sin, pray for us

\* Queen assumed into heaven, pray for us

\* Queen of peace, pray for us

\* Queen of travellers, pray for us

\* Lamb of God, who takes away the sins of the world  
Spare us O Lord

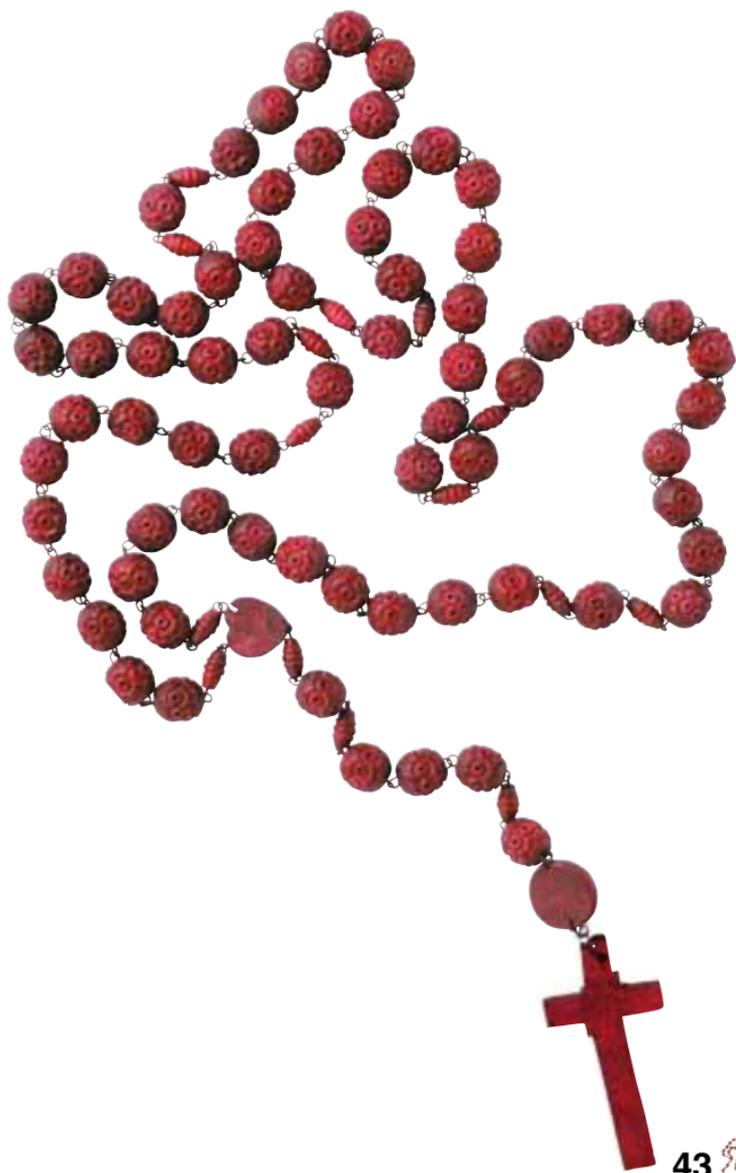
\* Lamb of God, who takes away the sins of the world  
Graciously hear us, O Lord

\* Lamb of God, who takes away the sins of the world,  
Have mercy on us

\* Kyrie Eleison \* \* Christe Eleison \* \* Kyrie Eleison







## Prayer

We seek shelter in your protection O Holy Mother of God, do not drop our demands in case of need. But deliver us always from all dangers O Glorious and blessed Virgin.

- \* Pray for us O Holy Mother of God
- \* That we deserve the promises of Christ
- \* O Lord listen to my prayer
- \* And my voice comes forth on to you
- \* May the souls of the faithful dead repose in peace
- \* In God's mercy and peace.
- \* Amen

Let us pray once Our Father, Hail Mary, asking for the intercession of our Mother the Blessed Virgin Mary, Queen of the Holy Rosary, and Saint Marie Alphonsine, that the Lord will grant us gifts and graces that are necessary for the salvation of our souls

- \* \* O Saint Marie Alphonsine
- \* \* Pray for us

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